

ADRIAN CHIWARA

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PROFESSIONAL SUMMARY

Compassionate and dedicated support worker with experience supporting individuals with developmental disabilities, youth, and vulnerable populations in both residential and community settings. Skilled in implementing individualized care plans, supporting day program activities, administering medications, and promoting client independence and wellbeing. Strong ability to build trusting relationships with clients while maintaining professional documentation and safety protocols. Committed to providing person-centered, trauma-informed support that enhances quality of life and community inclusion.

Education

Bachelor of Science in Social Work - Near East University - Cyprus

Master's in Business Administration - Near East University, Cyprus

Masters in Human Rights and Social Justices - Thompson Rivers University - Kamloops, BC

WORK EXPERIENCE

Community Support worker

Nexus Community Support Society, 04/24- present

- Provided emotional and social support to individuals through building therapeutic rapport.
- Assisted individuals with their personal and intimate care by showering and feeding.
- Assisted clients with their physical therapy activities using specialized equipment.
- Cooked healthy meals for clients

Community Support Worker

Rivercity Inclusion , 03/2025 - Present

- Supported individuals with developmental disabilities in day programs and community activities.
- Assisted clients with life skills such as cooking, budgeting, hygiene, and communication.
- Facilitated recreational and social activities to promote independence and community inclusion.
- Implemented behaviour support plans and individualized care plans.
- Completed daily documentation and progress notes.

Community Support Worker

Comox Valley Transition Society, 03/2025 - Present

- Provided trauma-informed support to individuals accessing community support services.
- Assisted clients with safety planning, emotional support, and accessing community resources.

- Maintained accurate documentation, case notes, and incident reports.
- Supported clients with life skills development and daily living activities.
- Collaborated with team members to ensure client well-being and safety.

Skills

Progress Documentation	Care Plan Assessment
Teamwork and collaboration	Dental Care
Time Management	Behavioral Management
First Aid and CPR	Recruiting
CPI Training	Autism ,FASD,ADHD care
Communication	Financial Management
Food Safe	TKT and TEFL Certification
MS Computer Packages	Computer Programming
Medication Administration	

Volunteer work

- Interior Health – Youth Support Worker Volunteer (2023)
- Bluebell Home – Caregiver Volunteer (2022 – 2023)
- Volunteer during Covid-19 outbreak , (Cyprus 2020-2021)
- Forward in faith (Caregiver, 2023)
- Salvation Army Kamloops (Volunteer, 2023)

Languages

English, Shona, French, Turkish

* Clean class 5 driver's license and own car